

# **MAN ALIVE! Sons Redeemed.**

## *Living the Masculine in the Fire of the Spirit*

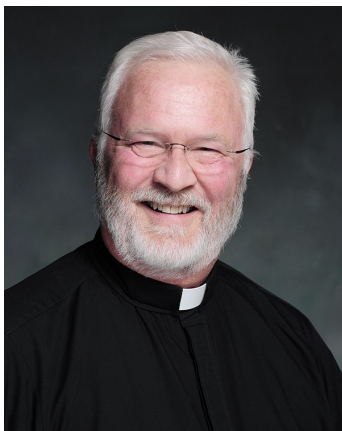
### **A Retreat for Men**

Saturday, March 30<sup>th</sup>  
9 a.m. until 3 p.m.

Please join us for a day of spiritual reflection, scriptural guidance, and to gain understanding on what graced masculinity is, how does a man live it, and why masculinity lends itself to Gospel living.

*Presented by:*

**Monsignor Michael McCarron**  
**Pastor, St. Thomas More, Lynchburg, VA**



Gender was never meant to be without grace. In fact, it cannot work without it. Without grace, masculinity can be brutish. Msgr. McCarron will help the men of the parish see themselves as subjects of redeeming Grace. That being a man, and acknowledging the characteristics of masculinity, and offering this to the Holy Spirit, is an avenue and a yeast for the church, enabling it to use the gift of masculinity to its fullest potential.

Msgr. McCarron has been a priest in the Diocese of Richmond since 1977. He has been Pastor at St. Thomas More since 2013. “I am overwhelmingly delighted to be a priest. I fell in love and am still in love. To be in love with Jesus means that you serve His Body which is His people. I am absolutely amazed that He would call someone that is as much a mixed blessing as I am to this wonderful life.”

Please join us for this wonderful opportunity to get away from the busyness of our everyday lives and have time for quiet reflection with the Lord.

**Saturday, March 30, 2019 from 9 a.m. until 3 p.m.**

- Doors open at 8:30 a.m. for check-in and morning hospitality
- \$10 registration fee includes lunch
- Register online at [www.stmarysrichmond.org](http://www.stmarysrichmond.org) or at the Parish Office at 804-740-4044
- For more information contact Teresa Lee [tlee@stmarysrichmond.org](mailto:tlee@stmarysrichmond.org)