



Saint Mary's Catholic School Summer Camp 2020 Offerings

June 8-12, Monday-Friday

- ❖ **Sports & Games Camp with Scott Schaefer** **9:00am-12:00pm Grades 3-5**
Cost: \$150 **12:30pm-3:30pm Grades 6-8**

In this camp, we will play traditional team sports, fun group games, Minute to Win It matches, as well as run relays and an obstacle course. Come exercise your body while enjoying some friendly competition!

- ❖ **Bourne to Create with Tracey Bourne** **9:00am-12:00pm Grades K-4**
Cost: \$165 *There is a \$15 materials cost included with this camp. **12:30pm-3:30pm Grades K-4**

Bourne to Create will be a fun way to explore the Arts and Crafts side of Fine Art. Your child will learn about artists that express themselves through such mediums as quilting, puppetry, and printing, to name a few. Then, using paper and recycled materials as our main tools, students will make their own works of art to bring home daily. Your child will also be encouraged to use their imaginations in several fun drawing exercises throughout the week. On Friday, to end the week, we will celebrate Christmas in June and make some fun decorations while looking at artists that portray the Christmas season in their work. If your child loves creating, this camp will be the perfect environment for them to express themselves this summer! Note: This camp can get a little messy. Please wear appropriate clothing.

- ❖ **Champion Chess & Board Games with Brian Garbera** **9:00am-12:00pm Grades K-5**
Cost: \$150 **12:30pm-3:30pm Grades K-5**

Enjoy playing board games (Backgammon, Connect 4, Farkle, Phase 10, Q-bitz, Rack-O, Set, Sorry and Trouble) while learning board game strategies and skills including: Logic, Goal Planning, Critical Thinking, Focus, Attention, Resource Management and Negotiation. Note: Based upon sign-ups, several MS students may be needed as assistants. Please email your interest to jsouthworth@saintmary.org; first come, first served.

- ❖ **Mixed Media Studio with Holly Dunham** **9:00am-12:00pm Grades 2-6**
Cost: \$165 *There is a \$15 materials cost included with this camp.

Come join the dynamic world of art! We will create a variety of mixed-media pieces while exploring techniques and elements of art.

❖ **Bricks for Kidz & Itty Bitty Yogis Combo Camp**
Cost: \$150

9:00am-12:00pm Grades JK-5

Your child will balance BODIES AND BRAINS in this combo camp from Bricks 4 Kidz and IBY! Our specially designed collaborative camp combines the best of Bricks 4 Kidz's design and build challenges and IBY's yoga-play and mindfulness practices. During each camp day, students will build vehicles, contraptions, inventions out of LEGO bricks that are kid-powered or motorized. While exploring engineering, architecture and physics, students will develop problem solving and critical thinking skills. Then, we will get them moving with yoga-play and mindfulness games. Children will run, jump and downward dog while practicing yoga poses and learning age appropriate mindfulness skills. Sign up today for this unique camp designed to stretch your child's body and brain!

❖ **Martial Arts with the Budo Center**
Cost: \$150

9:00am-12:00pm Grades JK-2
12:30pm-3:30pm Grades 3-5

Be part of a fast-paced modern martial arts curriculum led by masters from The Budo Center. Learn basic punches, kicks, blocks and combinations that help build coordination, strength and flexibility. Practice self-control and gain confidence while displaying a positive attitude about yourself and others. All while having FUN! Note: Enrollees will also learn about martial arts traditions as well as the importance of good sportsmanship and will not be physically active during the entire 3 hours.

❖ **Get Ahead to Be Ahead! with Beth Murray**
Middle School Boot Camp
Cost: \$150

9:00am-12:00pm Grades 6-8

This camp will focus on skills and strategies that ensure success in middle school. Organization is a critical executive functioning skill that helps students to complete tasks efficiently and effectively both in and out of school. Kids who struggle with organization might forget homework assignments, not be able to find pages in their binders, keep messy workspaces or lockers, have challenges when planning assignments, struggle to meet deadlines, etc. This course will introduce middle schoolers to a number of study skills and strategies including learning styles, improving focus, good study habits, time management, and organization. While enrolled in class, students will have interactive activities including a self-assessment, scavenger hunt, schedule organizer, and more. Lastly, this course will discuss self-care habits that lend themselves to strong mental health, mindfulness, self-regulation, and peer/adult relationship skills to ensure we are all at our best each day.

❖ **Instrument Sampler**

12:30pm-3:30pm Grades 1-5

Cost: \$165 *There is a \$15 instrument provision cost included with this camp.

Find your new passion in this week-long adventure through the world of music. Designed for those who are new to music, students will experiment with various instruments, and experience various music styles. In-class use of piano, guitar, ukulele, and percussion are included in this camp. Learn basic music theory, ear training and rhythm while finding your musical voice! Level: Beginner