



## Saint Mary's Catholic School Summer Camp 2019 Offerings

### July 22-26, Monday-Friday

- ❖ **Middle School Monarchs 101 with Scott Schaefer** **9:00am-12:00pm Grades 6-8**  
**Cost: \$150**

Do you have a child who is anxious about the transition to middle school or is still trying to adjust to the fast-paced environment? Maybe, you as a parent, feel nervous about how your child will adjust. Either way, this camp will address the most important aspects of middle school. In spite of the academic nature of the camp, we will take breaks to play games and have contests and prizes.

Topics addressed:

1. Middle school - Middle school life at SMCS
  - a. Programs
  - b. Extracurricular activities, sports, etc.
  - c. Rules, expectations, etc.
2. Lockers - How do I open my locker? What do I keep in it? Will someone put me in there!?
3. Study skills - How do I study? When and where to study? How do I take notes, outline, etc.
4. Organization 101 - Finding a system that works for you and sticking to it.
5. IB - What is IB and what is the Middle Years Programme?
6. Middle School writing and research - What's the difference between creative writing and academic writing? How do I find sources and properly research topics? What are some tips and tricks for citing my sources?

- ❖ **A Journey Through Art with Tracey Bourne** **9:00am-12:00pm Grades 3&4**  
**12:30pm-3:30pm Grades K-2**  
**Cost: \$170** \*There is a \$20 materials cost included with this camp.

Learning about art can be fun and open your child's eyes to a whole new world. A Journey Through Art will introduce your child to the history of Art beginning with Prehistoric times and ending in present day. On our trip we will look at significant works, discuss them, and then make our own image using tools and techniques we have learned. Along the way we will keep a sketchbook and practice basic drawing skills and mark making to unlock your child's creative side. Note: This camp is messy approved.

- ❖ **Pre-Band Camp with GRSM** **9:00am-12:00pm Grades 4-8**  
**Cost: \$165** \*There is a \$15 materials cost included with this camp.

This camp is designed for beginner students who have an interest in joining the GRSM Beginning Band (or any other beginning band program) in the fall. Students will have an introduction to the Band Program through the following means: Performance on Recorder or Basic Percussion, Movement & Playing in a Musical Environment, Recognition of Strong and Weak Beats, Musical Symbols & Meanings, Reading Music Notation, Active Listening, Intonation & Tone, Instrument Recognition, Rhythmic Literacy and Ear Training. Prerequisite: None

\*Students must bring their own recorder.

- ❖ **Concert/Symphonic Band Camp with GRSM** **12:30-3:30pm Grades 4-8**  
**Cost: \$165** \*There is a \$15 materials cost included with this camp.

This camp is designed for students who have an interest in being a part of the GRSM Concert or Symphonic Band (or any other intermediate/advanced band program) in the fall; however, other students satisfying the prerequisite are also welcome. The camp offers students the opportunity to develop the fundamentals of performance on their instrument and is designed to develop Tone Quality, Technique, Rhythm, Intonation and other skills needed for performing as an individual or in a group. Prerequisite: 1+ years of experience on instrument (The instruments included in this camp are flute, clarinet, oboe, bassoon, saxophone, French horn, trumpet, trombone, baritone–euphonium, tuba and percussion).  
\*Students must bring their own instrument and music stand.

- ❖ **Martial Arts with the Budo Center** **9:00am-12:00pm Grades JK-2**  
**Cost: \$150** **12:30pm-3:30pm Grades 3-5**

Be part of a fast-paced modern martial arts curriculum led by masters from The Budo Center. Learn basic punches, kicks, blocks and combinations that help build coordination, strength and flexibility. Practice self-control and gain confidence while displaying a positive attitude about yourself and others. All while having FUN!

- ❖ **Bricks for Kidz & I.B. Yogis Combo Camp** **9:00am-12:00pm Grades JK-5**  
**Cost: \$150**

Your child will balance BODIES AND BRAINS in this combo camp from Bricks 4 Kidz and I.B. Yogis! Our specially designed collaborative camp program combines the best of Bricks 4 Kidz’s design and build challenges and I.B.Yogis’s yoga-play and mindfulness practices. During each camp day, students will build vehicles, contraptions, inventions out of LEGO bricks that are kid powered or motorized. While exploring engineering, architecture and physics, students will develop problem solving and critical thinking skills. Then, we will get kids moving with yoga-play and mindfulness games. Children will run, jump and downward dog while learning yoga poses and age appropriate mindfulness skills. Children leave with increased strength, flexibility, self-confidence and a passion to continue to explore yoga and mindfulness at home with their families. Sign up today for this unique camp designed to stretch your child's body and brain!

- ❖ **Arts & Crafts Camp with Jeanne Slifka** **12:30-3:30pm Grades 4-8**  
**Cost: \$165** \*There is a \$15 materials cost included with this camp.

Greeting card making with a large selection of stamps, water color painting and more crafts TBD. Get creative and have some fun with music and laughter.

- ❖ **Strategy Board Games with Brian Garbera** **12:30-3:30pm Grades 2-6**  
**Cost: \$150**

Enjoy playing board games (Backgammon, Connect 4, Farkle, Phase 10, Q-bitz, Rack-O, Set, Sorry and Trouble) while learning board game strategies and skills including: Logic, Goal Planning, Critical Thinking, Focus, Attention, Resource Management and Negotiation.